

Registration

Prenome, surname of the person responsible for the team

Address/ZIP code, city

Country/Date of birth

Phone/e-mail

Two adults per nation/team are mandatory, at least one female team supervisor is mandatory in case of female participants.

prename, surname and date of birth of the participants

Prenome, surname and date of birth of additional team supervisors/ coaches

Declaration: By my signature I declare expressly to accept the official camp terms and rules. I am at least 19 years of age and I am the responsible team official for travelling to and from and for taking part in the youth camp. I will show a written declaration of parental consent and a medical certificate for every team member at the registration. All members of my team are capable of taking part in the races. Me, my team members and the accompanying people of my country are expressly waiving the compensation in case of accident or damage against the organizer and his helpers. All given data may be used by the organizer but not for public purposes. Any Photos or films made during the camp may be used by the organizer for merchandising.

Signature, date

Please send the registration form
no later than January, 10 per fax to
+49 / 89 / 1 40 03 85
or per mail to
matthias.keller@alpenverein.de

The International Skimountaineering Youth Camp is a cooperation between

DAV – German Alpine Club

ASKIMO – Austrian Federation for Skimountaineering Competitions

SSA – Slovakian Skimountaineering Association



Foto: Karl Posch



International Skimountaineering Youth Camp

For athletes aged 14-19
Berchtesgaden (GER) ▶ 15. – 17.01.2010



fruchtig nussig fit
SEEBERGER
Ernährungspartner des DAV

RIIP SPORT
Bad Reichenhall

skimountaineering.org

astc.at

alpenverein.de

Time Schedule



Friday, 15.01.2010

- arrival, registration and check in until 17.00
- 18.00 dinner and official greeting of the teams
- 19.30 film shown by Bene Böhm and Basti Haag (speed ascents and Ski descents of 8000m peaks)

Saturday, 16.01.2010

- 8.30 - 12.00 start single race
- 13.00 workshop avalanche burial search with camp partners Check Your Risk and Pieps followed by an avalanche burial search time scoring
- 16.00 workshops on race material, tuning and technical skills
- 18.00 award ceremony single race & dinner
- 19.00 climbing session in DAV climbing gym (500 m from youth hostel)

Sunday, 17.01.2010

- 9.00 drawing of relay teams, depart for ski tour with former World Cup racers; short relay race as part of the ski tour
- 15.00 award ceremony relay race; official closing speeches in the youth hostel

Participation/Accommodation

Participants and accompanying people will be accommodated (half board) in the Berchtesgaden Youth Hostel www.berchtesgaden.jugendherberge.de

Participation/ Accommodation

- **Participation fee:** 20,- € (payment in cash at the registration) One adult team supervisor/ coach per team is free!
- Travelling costs plus further expenses have to be paid by the participant.
- All payments made remain for the organizer in any case.
- The camp is oriented towards youngsters aged 14 - 19 (year 1991 - 1996) who are interested in Skimountaineering competitions. The camp shall be particularly for youngsters who are new to the sport, coming from other sports or just want to get a whiff of skimountaineering races.
- People of minor age need a written declaration of parental consent in order to take part in the camp. Additionally, every participant needs a medical certificate of athletic capability.
- The parents of the participants are also cordially invited!

Equipment/Regulations

The following equipment is mandatory for the camp:

- ▶ Pair of skimountaineering skis with metallic edges. The binding must allow heel movement when ascending and must release frontally and laterally.
- ▶ Skimountaineering boots that cover the ankles with a minimum depth of sole notches of 4mm
- ▶ A pair of ski poles with non-metallic baskets
- ▶ A Backpack with 20 liters minimum volume and a fastening system for the skis
- ▶ A pair of skins
- ▶ Avalanche beacon which conforms to standard frequency 457 KHz
- ▶ Shovel & probe
- ▶ Emergency blanket
- ▶ helmet (bicycle or climbing helmets allowed)
- ▶ beanie or headband
- ▶ gloves that cover the entire hand
- ▶ upper body clothing: three long layers, if possible one layer water- and windproof
- ▶ lower body clothing: Two long layers/ a pair of longjohns
- ▶ climbing gear if at hand

For the races the current German skimountaineering rules are valid.

See: alpenverein.de → Spitzenbergsport → Skibergsteigen → Reglement

Skimountaineering is an outdoor sports activity and is potentially hazardous. Therefore a special insurance is recommended.

Organizer/Contact

Organizer: Deutscher Alpenverein, Ressort Spitzenbergsport, Von-Kahr-Str. 2 - 4, 80997 München

Local committee: Sektion Berchtesgaden des DAV e.V.

contact D: Matthias Keller, matthias.keller@alpenverein.de; Tel: +49 / 89 / 1 40 03 - 592

contact A: Karl Posch, karl.posch@askimo.at

contact Slovakia: Katarina Belicova, belicovb@stonline.sk

Information: www.alpenverein.de; www.astc.at; www.skimountaineering.org