



International Ski
Mountaineering
Federation



ISMF SPORTS PROJECT

- Disciplines
- Calendar
- World Cup
- Homologated Races
- World Ranking
- Regulations Commission
- Forum
- Women Races
- Big Races



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Sports Project - The Disciplines



- Teams - 1800m and more.
 - Decrease the distances so that the races are more nervous, more indecisive, more within the reach of all the teams (men and women);
 - Don't impose to the racers too important time of race, as well as a number of races limited, not to push the athletes to the doping
- Youth Single and Teams
 - No cadets in the World Cup events
 - Cadets only accepted on the ISMF Championships
 - Route adapted to the category, shorter for the cadets
- Vertical Race
 - Used equipment identical to those used in the others Ski Mountaineering races.
 - ✓ Skis Size: 80 – 60 – 70
Length: 1,60 m for men, 1,50m for women and cadets
Weight: 750 gr. for men, 700 gr. for women and cadets
 - ✓ Shoes Weight: 500 gr. for men, 450 gr. for women and cadets
- Relays
 - Same distance for all categories (150 to 180 m)
 - Senior relay opened to all the categories



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Sports Project - The Calendar



December – February:

3 Individual races

1 Race by team

- To allow the trainers to test their runners with the aim of the World championships

March:

World/Continental Championships

A program, proposed for all the ISMF championships will be applied from the next European championships of Claut, in 2011.

Respect for a minimum time of recovery for the runners between every race.

March – May:

- Big classical races
 - Dolomiti di Brenta
 - Patrouille des Glaciers
- Important media impact and strong communication



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Sports Project - World Cup



- 7 races for the season 2009-2010
- The World Youth Cup:
 - With 3 races : 2 Individuals and one by team
 - Best 2 results
- New type of race, closer of public, more spectacular.
 - KO Sprint, with qualification` races and phases of finales.
Short race (3 - 4 mn), in circuit (with ascent and descent) in mass start, by group of 6 runners.
- One only individual ranking at the end
 - The racer will take point from the individual and team races
 - Only need 1 race to be ranked
 - Worst result not taken (so 6 over 7 in 2010)
 - Important prizes up to the 25th
- News:

From the next season (2010.2011), every federation can propose no more than 3 races in its country.

A geographical distribution of the events is determined.

 - from 3 to 6 races in the Alps
 - from 1 to 3 races in Europe, outside the Alps
 - from 1 to 3 races outside Europe

With a total from 6 to 9 races maximum by World cup season.



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Sports Project - Homologated Races



- All races willing to be World Cup have to be tested by ISMF
- The ISMF label has a double goal :
 - For ISMF: checks the races and have a database of potential good races for the World Cup.
 - For the organizers: a recognition of their quality and the option to have their race in the ISMF Calendar and be valid for the Ranking World.
- Perspectives to come:
 - For the 1st season, 5 races had asked to have the label ISMF homologated race.
 - For the next season, 10 races asked for the ISMF label.
 - Other races asked to be visited by ISMF technical delegates, to be validated.
- Confirmation of the interest being ISMF Homologated Race:
 - With the very important increase of races asking to be a World cup event, a more and more strict selection is going to be made.
 - Very fast, to be World cup will be reserved for the best races, those having shown most capacities of organization, technical level, and respect for the ISMF regulations.
 - And the best way for the ISMF to recognize the good races will be to visit them and to attribute them the ISM label.
 - Without ISMF label, it will be impossible in the future to be one day a World cup event



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Sports Project - World Ranking



- Unofficial simulation during the season 2008 - 2009
 - With this classification, the best of the world are the leaders
 - Women: 1st Roberta PEDRANZINI (It)
2nd Francesca MARTINELLI (It)
3rd Laëtitia ROUX (Fr).
 - Men: 1st Manfred REICHEGGER (It)
2nd Yannick BUFFET (Fr)
3rd Denis TRENTA (It).
- All racers (with or without ISMF license) are ranking and permit a huge World Ranking
- 1098 racers classified representing 24 countries
 - 98 women from 18 countries
 - 1000 men from 24 countries
- All official ISMF races are taken
 - World Cup
 - Championships
 - Homologated races
- Publication scheduled for the next season (2009.2010)
 - on the ISMF web site.
 - Updating of the classification after every race.



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Sports Project - Regulations



- Constitution of a new regulation's commission
 - Further to the not investments of certain number of members appointed to the commission of the regulations, it was decided to proceed differently.
 - The federations, members of the ISMF, motivated by this work, can propose technical representatives. (2 maximum by country).
 - According to their sports past, their knowledge and investments in the discipline, the ISMF will decide on the acceptance or not on the candidacy.
- Commitment of federations

By proposing representatives, a federation accepts the respect of certain rules

 - Take in charge the costs (transport, accommodation, etc ...) engaged by his representative
 - Obligation to participate in the various meetings of the committee
In case of repeated absences, the representative can be ousted from the commission
 - Obligation to answer and to give his opinion to questions proposed by the person in charge of the commission, during exchanges by e-mail.
- Meetings
 - To prepare the changes of regulation, 2 meetings by season are scheduled.
 - Session completely dedicated to the work of the commission, on one day (or a weekend) except any competition.
 - A first meeting will take place at the middle of February, further to the first competitions
 - The second will take place at the end of season (in May) so that the new propositions are drafted and layouts from the end of May.



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Sports Project - 2nd Forum



- ISMF Ski mountaineering FORUM is a meeting of the whole community of ski mountaineering engaged with ISMF and their events.
- The goal is to serve as meeting point of the different institutions and persons in order to improve communication and work together for the development of this sport.
- ISMF Ski mountaineering FORUM will be hold yearly before the start of the season.
The most suitable date is in September.
- Second FORUM will be hold in Swiss on 26-27/09/2009.
- To this event will be invited ISMF race organisers, manufacturers, judges, ISMF members, specialized media,...



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Sports Project - Women Race



Specific women race

Conscious of the problem of women and Ski Mountaineering, we look for means to attract more feminine on the races.

But, for what reasons are there so few women on the races?

1/. Difficulty of courses?

It's on the longest and the most technical routes that we find most women (Pierra Menta - Mezzalama - Patrouille des Glaciers)

2/. Few interest by ISMF and the organizers to competitors?

- The organizers have the duty to give the same prize money to the best men and women.
- ISMF rewards 8 better women on the General World Cup classification
- Returned to runners' percentage classified in men and women corresponds to:
 - **12,60 % of the men** rewarded against **24,25 % of the women**.

What project?

- At present, we work on the project of a "World cup" race, only reserved for the women - any categories and adapted course
- We know some ski resorts practise actions reserved for the women as "a day of the woman", but we don't want that our race is outside the event.
- That's why, we look for actively a ski resort ready to welcome this type of race. Such competitions already exist. It's necessary for us to concretize very quickly this project.



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Sports Project - Big Races



ISMF works on another important project:

- To gather the biggest races of the circuit
- To award a specific trophy as a “golden ski”

Gather the biggest races of the circuit to:

- Make them apply the same regulation, the ISMF regulation.
- Group them together under the same circuit dependent on the ISMF

Award a specific trophy as a “golden ski” to:

- The runner winning all the races of this circuit.
- To obtain this trophy, the athlete can run with various team-mates.
- There is no time limit between every victory to win this trophy.

What races can be concerned?

- Only races of exception, by
 - Their difficulties
 - Their fame
 - Their history.
 - The first ones appointed will be certainly:
 - Pierra Menta
 - Trofeo Mezzalama
 - Patrouille des Glaciers
- with 4 stages and 10 000m of ascents
with several passages above 4000 m
with 4 000m of ascents for 53 km
and almost 6h30 of race

Other big races can be proposed as the “Tour du Rutor” for example.